



MyTime Corio

Wed mornings
9am – 10.30am

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

FIND US AT:

Korayn Birrale Community Centre
Purnell Rd
Corio 3214

CONTACT:

Dianne Hickey – Facilitator
dianneh@dsav.asn.au
Mobile: 0466105394

Unwind and
share experiences
with others who
understand



mytime.net.au

MyTime term plan

mytime.net.au

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
Oct 5th	Welcome back - Coffee and Chat	Musical instrument exploration
Oct 12th	Special Topic – Is it sensory or behaviour?	Developmental and sensory play activities
Oct 19th	Life by Pencil – Reflect on your life through drawing.	Outdoor play activities
Oct 26th	Coffee and Chat	Fine Motor Skills – Finger Plays
Nov 2nd	Self Care – All about sleep.	Special interests - Lego, cars, trains, puzzles
Nov 9th	Special Guest - TBC	Junk Art
Nov 16th	Coffee and Chat	Art/craft – cutting, pasting, drawing
Nov 23rd	Self Care – Journaling	Story time by the river
Nov 30th	Christmas Crafts	Fine motor skills – beading with noodles
Dec 7th	End of Year Celebration Lunch	Developmental and sensory play activities



It's support
for you



It's free to
join



Professional
support



Pre-school aged
children are welcome