#### **How do I contact ACCESS?**



Phone: 1300 665 781

and ask to speak with an ACCESS worker



Fax: 9784 2309

**ACCESS staff work from many Peninsula** Health sites to help with your enquiries:

**Hastings Community Health** 

185 High Street, Hastings, 3195

Phone: 5971 9100

**Mornington Community Health** 

62 Tanti Avenue, Mornington, 3931

Phone: 5970 2000

**Frankston Community Health** 

Frankston Integrated Health Centre Hastings

Road, Frankston, 3199

Phone: 9784 8100

**Rosebud Community Health** 

38 Braidwood Avenue, Capel Sound, 3939

Phone: 5986 9250











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Disclaimer: The information contained in the brochure is intended to support, not replace, discussion with your doctor or health care professionals.

Peninsula Health PO Box 52, Frankston Victoria 3199 Telephone (03) 9784 7777











# **Contact the ACCESS Service**

For Peninsula Health Service Referrals and Information



#### What is ACCESS?

ACCESS is the first point of contact for information and referrals to a wide range of community health, rehabilitation and specialist services provided by Peninsula Health.

### Who will I speak to?

Our friendly ACCESS staff are experienced health professionals trained to provide you with information about our services.

## How can ACCESS help you?

Anyone can call ACCESS.

Staff will assist you by providing information and they can take referrals for a wide range of Peninsula Health services. In many service areas ACCESS can provide information about other service options available.

ACCESS staff can also advise you if there are any particular requirements you need to be aware of and are able to book appointments for some services.

Health Professionals can contact ACCESS for information on a wide range of Peninsula Health services.

A written referral from service providers is required. ACCESS can advise and assist with this process if required.

### **ACCESS** can help with:

- Aboriginal Access & Support
- Advance Care Planning
- Cancer Rehabilitation Program
- Carer Support
- Children's Services
- Chronic Pain Management
- Continence
- Counselling
- Dementia & Memory
- Diabetes Education & Prevention
- Drug & Alcohol Services
- Exercise Programs
- Exercise Physiology
- Falls and Mobility
- Healthy Heart Program
- Home based aids, equipment & minor home modifications
- Homeless outreach
- Men's Behaviour Change
- NDIS Transition Support
- Nutrition
- Occupational Therapy
- Physiotherapy
- Social Support Groups
- Podiatry
- Rehabilitation Programs
- Sexual & Reproductive Health
- Speech Pathology

# Peninsula Health Service Information

Services of peninsula Health are provided from many locations across Frankston and the Mornington Peninsula.

More information about services can be provided directly by the ACCESS Team.

Information is also available on our website – https://www.peninsulahealth.org.au/services/services-a-e/aged-care/access-service/

# What happens to my information?

ACCESS staff are committed to respecting your privacy and treating your information in a sensitive and confidential manner. This information is stored securely and managed by Peninsula Health in accordance with laws that protect your privacy.

#### Is there a cost involved?

ACCESS is a free service, however there are fees for many of our services. ACCESS will advise the relevant fee at the time of your contact with them.