

# MacKillop Family Services – Western Region Parenting Strengthening Parent Support Program – Melbourne

The program supports families and carers, of a child with developmental challenges, to connect with others in their area.

## What does the program offer:

- Regular meetings in a safe and relaxed setting.
- Information on:
  - o understanding your child's behaviour and development
  - o how to better communicate with your child; and
  - what supports are available to assist you and your child.
- Individual support.
- Exclusive members only access to the SPSP Facebook group.

### Meetings:

Meetings are 1st Tuesday of the month.

- The first meeting will be 31<sup>st</sup> October, 2023
- No meeting in November as this is a public holiday.
- 10am to 12noon

FREE

Our Place, Carlton Primary School, Rathdowne St, Carlton

### Who can attend:

- Families and carers living in the **City of Melbourne** area.
- The child **does not** have be an NDIS participant.

#### How to join:

Email:	<u>spsp@mackillop.org.au</u>
Phone:	03 9680 8444
Website:	https://www.mackillop.org.au/programs/strengthening-parents-support-
	program

